

**FOGG** **A** **T**  
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**GLANCE**

**January – February – March – April 2013**



January



Tamil Day



# Women's Enterprise Graduation

JANUARY AT A GLANCE



Course	18 <sup>th</sup> Jan 2013 Graduates	TOTAL	Graduates who have set up their own business'
Dress Making	41	513	66
Patchwork	26	261	52
Curtain Making	44	294	10
Beeralu Lace Weaving	07	96	10
Bakery	35	301	10
General Cookery	19	251	28
Hair Dressing and Beauty Culture	35	427	40
<b>Total</b>	<b>207</b>	<b>2142</b>	<b>214</b>



# North Sports Coaching Camps

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Sports coaching camps were conducted at a number of schools by the FoG Sports Academy team. They were assisted by Sri Lanka Cricket coaches Ravindra Pushpakumara, Gangadaran & Lakshitha. The cricket coaching camps were attended by 26 Boys ( 15-19 yrs) in Vavuniya, 15 boys in Mankulam, 26 boys in Kilinochchi and 27 Senior Boys, 30 Junior Boys and 08 Junior Girls (a total of 65) in Oddusuddan. One of the targets recognized for this year will be to field a team from Mankulam for the 2013 "Murali Harmony Cup". Netball coaching camps were held in Oddusuddan and Mankulam, and volleyball coaching camps were held in Vavuniya and Mankulam while a volleyball court was set up in Oddusuddan.

# Volunteer Caroline conducts a 'Working with Children' Workshop for the Rebuilding Lives Team

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February

Sector of the month

3rd Dhamso International Chess Festival, Ambalangoda

Nethmi Dilanya and Sasika Goyumi from the Foundation of Goodness competed in the Under 8 and Under 12 Girls' categories respectively. In a brilliant display of skill and intellect, little Nethmi bagged the position of Under 8 Girls' overall Champion and Sasika Goyumi was the Under 12 Girls' Overall Runner-up.







# Appreciation ceremony for National War Heroes



Hosted by the Udumulla Village Heartbeat Project



# Refurbished IT Room

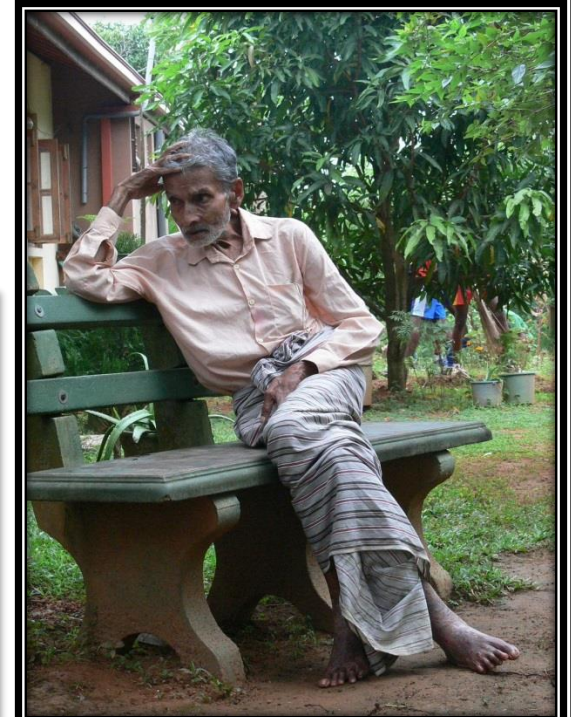
FEBRUARY AT A GLANCE



# Community Work

A Community Work Programme was held at the Wellawatta Elders Home on 15th February 2013, organized by the Foundation of Goodness Youth Forum Committee. Seenigama Wimalabuddhi MV Cricketers, Seenigama Wimalabuddhi MV Volleyball Players & FOG Netball Team.

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March

# Graduations

English, Tamil, Photography and Electrical graduation ceremony were held on the 2<sup>nd</sup> of March at the Aviva Community Hall with FoG donor and well-wisher Christine Vidal in attendance as chief guest



Course	No. of Graduates
English	21
Tamil	53
Photography	07
Electrical	09

MARCH AT A GLANCE

Sector of  
the month

Scotland Cricket Academy U19 Squad visited Seenigama and conducted a cricket coaching workshop.

The total group consisted of 16 players and 3 officials and the coaching session was carried out exclusively by the boys and included warm-up, fielding, catching & throwing drills and warm-down.

20 boys from Sri Wimala Buddhi U 13/15 squads attended this workshop.



# ~ North Sports Workshops ~

MARCH AT A GLANCE



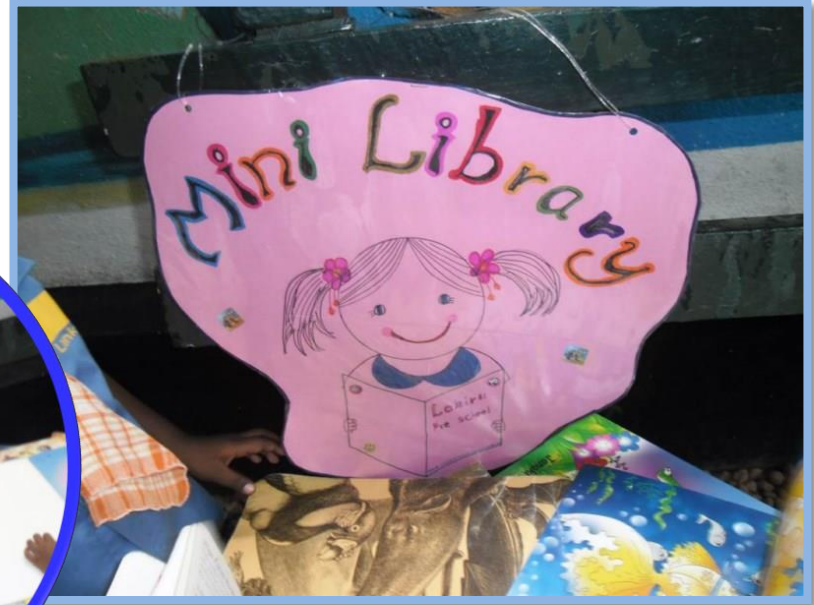
# Hat Foundation Outing

The Hat Foundation hosts an outing for the FoG preschool students every year and this year it was to the Blue Fox hotel where they entertained the children, served up a delicious meal and then presented the kids with a school pack as a parting gift.



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A Mini-Library is introduced to the Pre-school



April



CGC  
Celebrates  
Traditional  
New Year  
Festivities





# Medical Clinics

A physiotherapy clinic was organised by FoG volunteers Aravinth Nallathamby for the Seenigama region and an asthma clinic was also conducted in order to spread information about medication, drug usage and prevention.



# THE MOST INSPIRING STORY OF THE MONTH

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The FoG Rebuilding Lives Project team lead a group of students in attending a Leadership Programme in Vavuniya between 5<sup>th</sup> and 9<sup>th</sup> of April. It was conducted by Sister Canice. The RLP team along with 10 children had participated in this event in 2012 as well. The invitation was extended to the FoG once again this year and 4 children and 2 RLP members attended it.



# Sports Tours

UK's New Hall College played the FoG Academy Cricket Team on the 7th April over two U 13-15 T20 matches which took place at the Seenigama Surrey Oval and conducted a training camp. Visiting the MCC COE Computer Centre, they donated a number of HP computers. Additionally, they also donated numerous items including puzzle books, pens, pencils, yoyos, sweets and tooth brushes which will be distributed among the needy in both the South and North.

